





# **Medicine for Psychiatrists**

October 24, 2014

The Ottawa Hospital, Civic Campus, Amphitheatre





#### **Course Description**

The University of Ottawa, Office of Continuing Professional Development (CPD) is proud to present this new course designed to familiarize Psychiatrists with relevant topics of Internal Medicine. Attendees will participate in a series of lectures, interactive short snapper presentations, and Q&A panels with medical experts.

For further information, please contact the Office of CPD:

Tel: 613-761-4480 ext: | | Fax: 613-761-5262 | Email: cpd@toh.on.ca

Brochure and online registration available:

www.med.uottawa.ca/cme



twitter.com/CME uOttawa

# October 24, 2014

08:40-08:45	Welcome and Introductory Comments	Dr. Andrew Wiens
08:45-09:30	<ul> <li>Diabetes/Obesity and Anti-Psychotics</li> <li>List risks and reasons why antipsychotics can cause problems with obesity/diabetes;</li> <li>Describe the guidelines for screening and what to follow;</li> <li>Describe how to work with a family physician or when to refer to a specialist.</li> </ul>	Dr. Mark Silverman
09:30-10:15	Smoking Cessation Strategies  Describe strategies for smoking cessation in patients with psychiatric disorders;  List risks and challenges of the various treatment methods.	Dr. Heather Tulloch
10:15-11:00	<ul> <li>Movement Disorders and Anti-Psychotics</li> <li>Describe risks and reasons why anti-psychotics can lead to movement disorders;</li> <li>Identify the clinical presentations of different movement disorders associated with antipsychotics;</li> <li>Describe how to monitor for and initially manage movement disorders;</li> <li>Determine when to refer to a specialist.</li> </ul>	Dr. David Grimes
11:00-11:30	Refreshment Break	
11:30-11:50	<ul> <li>Lipids and Anti-Psychotics</li> <li>Describe what to track and identify reasons;</li> <li>Determine when to refer to a specialist.</li> </ul>	Dr. Alexander Sorisky
11:50-12:10	Lithium and Kidney Function  Describe what to track and identify reasons; Determine when to refer to a specialist.	Dr. Bob Bell
12:10-12:30	Question & Answer Panel	
12:30-13:20	Lunch	
13:20-13:40	Internist's Review of Fibromyalgia  Distinguish between what is and is not Fibromyalgia; Identify cases that should be referred to a specialist.	Dr. Gunnar Kraag
13:40-14:10	Psychiatric Medications and Sudden Cardiac Death  Describe EKG findings that require immediate management; Identify patients at an increased risk for QT prolongation; Identify which medical and psychiatric medications present the most risk for QT prolongation.	Dr. Arnon Adler
14:10-14:30	Refreshment Break	
14:30-15:15	<ul> <li>A Practical Review of Chronic Pain</li> <li>Describe a rational sequence of treatment options;</li> <li>List steps to take before considering narcotics.</li> </ul>	Dr. Shona Nair
15:15-16:00	Thyroid Dysfunction and the overlap with Psychiatric Illness  List risks and reasons why thyroid dysfunction can influence depression, anxiety disorders, etc;  List the effects of lithium on the thyroid;  Describe how to work with a family physician or when to refer to a specialist.	Dr. Mark Silverman
16:00	Evaluation and Adjournment	Dr. Andrew Wiens

### **Medicine for Psychiatrists**

#### **Planning Committee**

The Office of CPD extends special thanks to the following physicians who participated in the planning of this event:

Dr. Andrew Wiens, Course Chair, Psychiatry

Dr. Doug Wilkins, Psychiatry

Dr. Donna Lougheed, Psychiatry

Dr. Catherine Code, Internal Medicine

#### Accreditation

The University of Ottawa's Office of Continuing Professional Development is accredited by the Committee on Accreditation of Continuing Medical Education (CACME) to provide accredited CME activities for family physicians and specialists. This program meets the accreditation criteria of the College of Family Physicians of Canada and has been accredited for up to 6.5 Mainpro-MI credits. This event is an Accredited Group Learning Activity (Section I) as defined by the Maintenance of Certification program of the Royal College of Physicians and Surgeons of Canada for up to 6.5 credits. Each physician should claim only those hours of credit that he/she actually spent in the educational activity.

#### Liability

The University of Ottawa, Office of Continuing Professional Development (CPD) assumes no liability for any claims, personal injury or damage:

- ♦ to any individual attending this conference.
- that may result from the use of technologies, program, products and/or services at this conference.
- ♦ that may arise out of, or during this conference.

#### **Course Presentations**

To ensure course participants receive the most up-to-date information and in an effort to lessen the environmental impact of our events, all available course materials will be posted to our website as soon as they become available. We cannot guarantee that all course materials will be posted on the website.

#### **Disclosure**

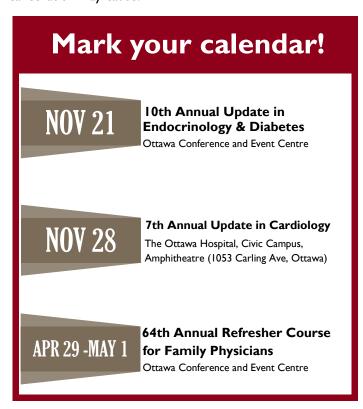
Speakers will be requested to disclose to the audience any real or apparent conflict(s) of interest that may have a direct bearing on the subject matter of this program.

#### Freedom of Information and Privacy Act

This information is protected and is being collected pursuant to the Freedom of Information and Protection of Privacy Act of Ontario (RSO 1990). By registering with the University of Ottawa for its program or courses, you agree to the information. The University of Ottawa is committed to maintaining and protecting the confidentiality and privacy of your personal information. Only authorized employees, whose official duties so require, are allowed to view your information.

#### **Course Cancellation Policy**

The University of Ottawa, CPD reserves the right to cancel courses. Registrants will be notified at the earliest possible date in the event of a cancellation. Registration fees for courses cancelled by the University of Ottawa, CPD will be refunded; however the University of Ottawa, CPD will not be liable for any loss, damages or other expenses that such cancellation may cause.



# Register Online Today! www.med.uottawa.ca/cme

## Medicine for Psychiatrists Friday, October 24, 2014

The Ottawa Hospital, Civic Campus

Mail: Please make cheques payable to "University of Ottawa, CPD"

Loeb Research Bldg, 725 Parkdale Avenue; Room 158 Ottawa, ON KIY 4E9

*Mandatory	Field

## **Registration Information**

- No registration form will be processed without the full registration fee included.
- Post-dated cheques are not accepted.
- Continental breakfast, refreshment breaks and lunch are included in the registration fees.
- Refunds less \$75 administrative charge will be issued for cancellations received in writing by October 10, 2014. No refunds will be issued for

*First Name:		*Last Name:			
*Address:					
*City:				Postal Code:	
*Email:					
	*Fax:*		•	,	
*A letter from your Program Director verifying registration form to receive the discounted rate		accompany the		er Health Professional	
<b>TEL:</b> 613-761-44	EN	NAIL: cme@toh.on.ca 3-761-5262 WEBSI	<del></del>	.uottawa.ca/cme	
FEES					
Early Bird Deadline: October 10, 2014	ONLINE Early Bird Rate	ONLINE Regular Rate	Fax, Mail o Onsite Rat	8	
Physician	\$240.00	\$250.00	\$260.00		
Other Health Professional	\$190.00	\$200.00	\$210.00	charged the Fax / Mail registration fee. No exceptions.	
Resident***	\$190.00	\$200.00 \$210.00		diddon jee. 140 exceptions.	
Student**	\$25.00	\$25.00	\$25.00		
METHODS OF PAYMENT					
Credit Card: □ Visa  Card Number:	□ MasterCa		erican Express	☐ Cheque Expiry Date: /	
Name on the Card:					
<b>Fax:</b> 613-761-5262					